

# Hawaii Kotohira Jinsha • Hawaii Dazaifu Tenmangu

August 2024



The annual Back-To-School Blessing was performed on August 4, 2024

# DONATIONS

Corniche K.K.  
Bill & Keiko Doughty  
Bryson & Reiko Goda  
Seizo Imamura  
Art Isa  
Arthur & Becky Isa  
Rodney & Sharon Isa  
Shogo & Chigusa Kishie  
James & Melba Kurashige  
Bryant Lau  
Yae Miko

Steve Miwa  
Ronald Morikawa  
Roy Morioka  
Shinken & Marilyn Naitoh  
Nisei Building Maintenance  
Craig & Diane Nishida  
Akiko Sanai  
Justin & Courtney Santiago  
Gary & Linda Shinsato  
Robert Stallings  
Sharon Tanigawa

501(c)(3) nonprofits are a specific class of nonprofit organizations recognized by the IRS, including most churches.

Donations to the shrine are tax-deductible up to fullest extent allowed by law.

Donating to a nonprofit with tax

exemption status also helps ensure your donations will be put to good use as 501(c)(3) organizations are held accountable to legal standards enforced by the federal government.

Shrine's tax exemption EIS number: 99-6007158

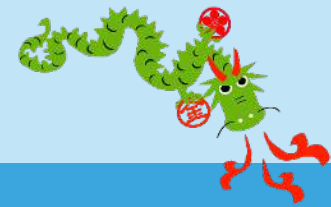
# CALENDAR

## SEPTEMBER

- 1**      **8:30 am - 4 pm**  
Reservations accepted online for Shichigosan, Totose no Oiwai and Jusan Mairi
- 2 pm**  
Autumn Thanksgiving Festival & Choyo no Sekku

## OCTOBER

- 13**      **10 am**  
Shichigosan clean-up & prep
- 20**      **9:30 am - 3 pm**  
Start of Shichigosan season



# Back-To-School Blessing

The annual Back-to-School Blessing was performed on August 4.



The Back-to-School season is a time filled with capturing the last days of summer, assembling school supplies, coordinating new wardrobes and adjusting to new schedules.

This is a time that brings about a variety of

emotions for parents, teachers and students.

The shrine offered a special blessing steeped in ancient tradition honoring students of all ages and those in the field of education.



Mahalo volunteers of the Back-To-School Blessing for your tireless dedication and hard work in making the shrine a welcoming and vibrant place for the community.

**Diane Arakawa**

**Jeff Fujioka**

**Stacie Hata**

**Arthur Isa**

**Becky Isa**

**Tom Jannuzzio**

**Glenn Kawahara**

**Calvin Mai**

**Marilyn Naitoh**

**Craig Nishida**

**Diane Nishida**

**Stuart Pang**

**Gary Shinsato**

**Linda Shinsato**

**Kaitlyn Toma**





# GOKITO Private Blessings



Welcome little one! Wishing you all a lifetime of love, health, laughter and happiness!!



We're so blessed to have a shrine friend like you. Mahalo for your smiles and generous spirit !!



Shingan Joju blessing can help motivate one to overcome hurdles for the realization of one's goals and wishes



E Komo Mai to our friends from Japan who comes once a year for an annual blessing.



Expressing gratitude for the goodness in one's life opens the door to joy, peace and purpose.



A private blessing takes minutes to perform, however it can elicit positive feelings of hope, gratitude and appreciation for the many blessings and opportunities we have.

Contact the shrine at 808-841-4755 or [kotohira@hawaiiintel.net](mailto:kotohira@hawaiiintel.net) for a reservation.

The Koolau's resplendent beauty was the backdrop for a wedding performed on 8/24.

Despite tropical storm *Hone* and its rains and winds, the venue was an idyllic choice for the couple that exchanged vows and sake in the traditional *Sansan*

*Kudo* ceremony which symbolizes the union of the bride and groom and the blending of their families.

Before the Meiji era (1868-1912) weddings were held in the groom's home.

The present Shinto wedding ceremony

began with the wedding of the crown prince (future Emperor *Taisho*) in 1900. Since, Shinto weddings are held at shrines.

Congratulations to Justin and Courteney! Wishing you love, joy and happiness as you begin your new life together.



*Ganbatte!* to 2024 Scholarship recipient Tristan as he leaves for college in Japan.

## Shichigosan, Totose no Oiwai, Jusan Mairi and Seijin Shiki

Reservations will be accepted from **September 1** at [www.jinja.us](http://www.jinja.us)

Blessing • Omamori • Chitoseame •  
Goodie Bag • Complimentary  
kimono rental and  
dressing \$65.00



# KEIRO NO HI - Respect for the Aged Day

We would not be here today if it were not for the efforts of the generations that came before us.

For centuries, the Japanese have embraced the cultural values of respecting our elders.

In 1966, September 15 was proclaimed as a national holiday to honor the elderly and to express gratitude for their many contributions to the community. It was named *Keiro no Hi* or Respect for the Aged Day. Since 2003, Keiro no Hi is observed on the third Monday of September.

As of December 2023, there were 92,139 centenarians in Japan -- the largest number in the world.



There are about 12 centenarians for every 10,000 people in Japan versus China where there is 1 centenarian for every 10,000.

However, by 2054, the centenarian population of China is expected to be the largest in the world at around 49 out of every 10,000.

According to the PEW Research Center, there will be about 100,000 centenarians in the U.S. in 2024. It is estimated to rise to about 422,000 in 2054.

In the U.S., 78% of centenarians are women and 22% are men.

77% are White, 8% Blacks, 7% Asians, 6% Hispanics and 1% Native Americans, Native Alaskans, Native Hawaiians or other Pacific Islanders.

Keio University's Super-

centenarian Medical Research Center claims that life expectancy beyond 85 depends on chronic inflammation in the body.

Cellular damage caused by aging is a contributing factor to chronic inflammation which leads to numerous health complications and frailty.

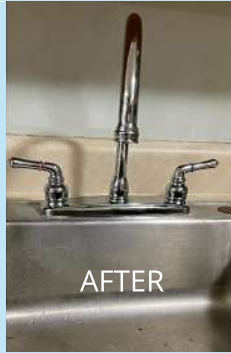
Some foods raise the risk of chronic inflammation, while other foods keep it in check.

A recent study by Mayo Clinic found that consuming fermented foods like natto, yogurt, kefir, kimchi and kombucha decreases inflammation.

By a certain age, most people have some degree of inflammation in their bodies. The key is to keep it from becoming excessive.



# MAINTENANCE



The meeting room's faucet began leaking at the base. The worn out valve took the plumber over an hour to remove as it was fused to the pipe. It was the first time the faucet was replaced since it was first installed in 1980.

Summer brings an invasion of unwanted weeds and plants.

Weed whacking and hand pulling to remove the entire root was done inside and outside of the property to prevent re-growth.



## Supermoon

The Sturgeon moon or Supermoon appeared in the skies on August 19.

A Supermoon is a full moon that occurs at the closest point to Earth.

